

# CERTIFICATE OF PARTICIPATION

This is to certify that

**HELKEE KRUGER**

Has successfully participated & completed the

**5km TRAIL Run Kariega Trail Run 2018**

held at Southwell Cricket Field.

**TIME 01:44:21**

**PACE 20:51/km**

**OVERALL 68 of 75**

**GENDER 45 of 51**

**40 - 49 11 of 13**

29 December 2018, Sat

Date



*BoutTime*

Signature

